2010 YOUTH GRAND PRIX

sponsored by TRAC

Attention all TRACsters! Sign up today to participate in the 2010 Youth Grand Prix. You can choose as many races as you want to participate in. You can run the whole race or walk if you want to. It doesn't matter if you are fast or not so fast. THE GOAL IS TO FINISH. The race schedule includes ten TRAC administered 1-mile events listed below. We will have awards at the end of the season. Awards are based solely on how many events you finish. After you sign up, you will receive a t-shirt and training log.

Requirements for Participation

- Must be a TRAC member
- Must register with parental/guardian approval
- Must be 12 or under at the conclusion of the season which will be the date of the Life Without Limits Run - October 2010

Race Schedule

- Riverhill, 3/20/2010
- Swampers, 4/24/2010
- Jeff Dropo Run for Kids, 5/8/2010
- Helen Keller Festival, 6/26/2010
- St. Jude Run, 7/9/2010
- W.C. Handy, 7/17/2010
- Sunset, 8/6/2010
- Killen Founder's Day, 8/22/2010
- Riverbottom Burnout, 10/16/2010
- Life Without Limits ½ Marathon, 10/30/2010

Awards

- Champion Level - completion of 7 events
- Gold Level - completion of 6 events
- Silver Level - completion of 5 events
- Bronze Level - completion of 4 events
- Participation Level - completion of 3 events

A wild card race would be available in case a race had to be missed due to sickness, vacation etc. Official results would need to be provided to TRAC with the participant's information to be counted. Five days of XC Camp can be used as a wild card event. If a youth chooses to complete the 5K or longer distance during the nine events this will be counted. Example: A 10-year old completes the Swampers 5K instead of the 1-mile Swampers fun run. Finally, **please register by Helen Keller Festival scheduled on June 26, 2010.**

Please direct any questions to Anna Fennell. Email: anna.fennell@us.army.mil

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There is NO FEE to register for the Youth Grand Prix. Mail this form to TRAC, PO Box 1019, Florence, AL 35631 or return to 1st Place Athletics, 1589 Darby Drive, Florence.

Last Name: _____ First Name: _____

Address: _____

City: _____ State: ____ Zip: _____

E-mail: _____

Phone: (___)___-____ Age: ____ Date of Birth: __/__/__ Sex: M ☐ F ☐

CheckT-Shirt Size ☐ Youth Small ☐ Youth Medium ☐ Youth Large ☐ Adult Small ☐ Adult Medium

Parent/Guardian Signature _____ Date _____

Please Print Legibly_____